



Summer 2024 Sand Volleyball Leagues

Sign Up Deadline June 21, 2024

Team Fee: \$240.00

Junior Volleyball Training

Wednesday Nights starting July 10, 2024, 5 p.m. Open to boys and girls ages 12-18. One hour training with one of our top sand volleyball players and one hour of game play in the C or B division depending on skill level. **\$160 per person** (includes team fee for game play).

Ladies' Quad Division on Ladies Net Height!

Thursday Nights for 8 weeks starting July 11, 2024 6-9 p.m.

Maximum 4 female players. Division intended for organized, competitive female play!

Blind Gender Quad C Division = Lower Competitive

Wednesday Nights for 8 weeks starting July 10, 2024 6-9 p.m.

Maximum 4 players. Blind gender meaning any mix of male or female players. Male high school and club ball players 16+ and most males over 6' would be restricted from this division. Male and female players ranked BB restricted. Great division for girls club ball team. Player's are ranked at the highest level league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

Blind Gender Quad B Division = Intermediate Competitive

Monday Nights for 8 weeks starting July 8, 2024 6-9 p.m.

Maximum 4 players. Blind gender meaning any mix of male or female players. Only 1 male BB player permitted per team. Females of any level permitted in this division. Player's are ranked at the highest level league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

Blind Gender Quad BB Division = Advanced Competitive

Monday Nights for 8 weeks starting July 8, 2024 6-9 p.m.

Maximum 4 players. Maximum 2 male BB players. Other 2 players must be female of any level or B level males. Player's are ranked at the highest level league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

Coed Quad BB Division = Advanced Competitive

Tuesday Nights for 8 weeks starting July 9, 2024 6-9 p.m.

Maximum 4 players. Maximum 2 males, minimum 1 female. 1 male A level player permitted but must be approved by Volleyball Committee. Player's are ranked at the highest level league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

Coed A Division Quads = More Advanced Competitive

Thursday Nights for 8 weeks starting July 11, 2024 6-9 p.m.

Maximum 4 players. Maximum 3 Male Players. Only 2 male players ranked A or higher. Other players must be either female or BB or lower males. Player's are ranked at the highest level league or tournament played in the past 36 months unless prior approval by Volleyball Committee. Higher ranked player rule below is not applicable in this division.

Higher Ranked Players = All divisions outside A division may have 1 higher ranked male or female player per team. Higher ranked players are restricted to serve underhand, restricted from blocking, restricted from jumping, and the player can not breaking the plane of the net with fingers. Attacks must be a roll with an obvious arc. This rule is intended to allow close friends and family members with different skill levels to play together but fair play for everyone.

Contact Us: getfit@sportsinnfitness.com

To be added to our contact list email **ADD ME**

For upcoming events, sign up info, and court schedule please visit: www.sportsinnfitness.com