



Spring 2025 Sand Volleyball Leagues

Sign Up Deadline April 11, 2025

Team Fee: \$280.00

Junior Volleyball Training

Wednesday Nights starting April 30, 2025, 5 p.m. Open to boys and girls ages 12-18. One hour training with one of our top sand volleyball players and one hour of game play in the C or B division depending on skill level. **\$180 per person** (includes team fee for game play).

Ladies' Quad Division on Ladies Net Height!

Thursday Nights for 8 weeks starting May 1, 2025 6-9 p.m.

Maximum 4 female players. Division intended for organized, competitive female play!

Blind Gender Quad C Division = Lower Competitive

Wednesday Nights for 8 weeks starting April 30, 2025 6-9 p.m.

Maximum 4 players. Blind gender meaning any mix of male or female players. Male high school and club ball players 16+ and most males over 6' would be restricted from this division. Male and female players ranked BB restricted. Great division for highest-level club ball team. highest-level are ranked at the highest-level league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

Blind Gender Quad B Division = Intermediate Competitive

Monday Nights for 8 weeks starting April 28, 2025 6-9 p.m.

Maximum 4 players. Blind gender meaning any mix of male or female players. Only 1 male BB player permitted per team. Females of any level permitted in this division. highest-level are ranked at the Players league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

Blind Gender Quad BB Division = Advanced Competitive

Monday Nights for 8 weeks starting April 28, 2025 6-9 p.m.

Maximum 4 players. 2 Male BB players permitted. Other 2 players must be female of any level or B level males. Higher Ranked Player Rule is not allowed in this division. Players are ranked at the highest-level league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

Coed Quad BB Division = Advanced Competitive

Renamed as Coed Quad A Division for 2025!

Tuesday Nights for 8 weeks starting April 29, 2025 6-9 p.m.

New Rule 2025: Since we have failed to get more than 3 teams for A division the past 3 years and approximately 80% of the Coed BB teams had a male that has played A outside of Sports Inn, we are making changes to this division so that no volleyball player is excluded. Male players that have played AA or higher in the past 36 months, may only play with 2 other players to make a team of 3 in this division, 1 player must be female. The other player may be a male, ranked BB or lower at Sports Inn, or any level female. (Higher ranked player rule listed below is not permitted under this new rule for teams of maximum 3 players.)

Standard Rule: Maximum 4 players. Maximum 2 males, minimum 1 female. 1 male A level player permitted but must be approved by Volleyball Committee. Players are ranked at the highest-level league or tournament played in the past 36 months unless prior approval by Volleyball Committee.

New Rule 2025: Males that have college volleyball experience will be considered A level at Sports Inn

Higher Ranked Players = All divisions outside A division may have 1 higher ranked male or female player per team. Higher ranked players are restricted to serve underhand, restricted from blocking, both feet must remain on the ground, and the player cannot break the plane of the net. Attacks must be a roll with an obvious arc. This rule is intended to allow close friends and family members with different skill levels to play together but fair play for everyone.

Contact Us: getfit@sportsinnfitness.com

To be added to our contact list email **ADD ME**

For upcoming events, sign up info, and court schedule please visit: www.sportsinnfitness.com